

Kære medlemmer:

Philip Benjamin fra ISPS Australien har sendt denne informative email på ISPS-INT@Yahooogroup.com med en række informative links.

Hilsen

ISPS-Danmark.

Fra: ISPS Australia <ispsaus@gmail.com>

Dato: 25. nov 2012 16.27.53 CET

Til: ISPS International <ISPS-INT@yahooogroups.com>, "[ISPSUK]" <ispsuk@yahooogroups.com>, ISPS <isps@isps.org>

Emne: [ISPS-Int] Fwd: ISPS Aus: Various items of interest, inc BBC report of first CBT-only treatment trial for psychosis by Morrison et al

Svar til:: "ISPS-Int@yahooogroups.com" <ISPS-Int@yahooogroups.com>

Early online, freely available in Schizophrenia Bulletin: **The Myth of Schizophrenia as a Progressive Brain Disease** by Zipursky, Reilly & Murray

<http://schizophreniabulletin.oxfordjournals.org/content/early/2012/11/20/schbul.sbs135.abstract>

Abstract: Schizophrenia has historically been considered to be a deteriorating disease, a view reinforced by recent MRI findings of progressive brain tissue loss over the early years of illness. On the other hand, the notion that recovery from schizophrenia is possible is increasingly embraced by consumer and family groups. This review critically examines the evidence from longitudinal studies of (1) clinical outcomes, (2) MRI brain volumes, and (3) cognitive functioning. First, the evidence shows that although approximately 25% of people with schizophrenia have a poor long-term outcome, few of these show the incremental loss of function that is characteristic of neurodegenerative illnesses. Second, MRI studies demonstrate subtle developmental abnormalities at first onset of psychosis and then further decreases in brain tissue volumes; however, these latter decreases are explicable by the effects of antipsychotic medication, substance abuse, and other secondary factors. Third, while patients do show cognitive deficits compared with controls, cognitive functioning does not appear to deteriorate over time. The majority of people with schizophrenia have the potential to achieve long-term remission and functional recovery. The fact that some experience deterioration in functioning over time may reflect poor access, or adherence, to treatment, the effects of concurrent conditions, and social and financial impoverishment. Mental health professionals need to join with patients and their families in understanding that schizophrenia is not a malignant disease that inevitably deteriorates over time but rather one from which most people can achieve a substantial degree of recovery.

BBC "All in the Mind" report of the first **CBT Psychosis Trial in the Absence of Medication**, including interviews with Tony Morrison service users and Peter Tyrer, editor of the BJP. Listen online at <http://www.bbc.co.uk/programmes/p010rc63> or download at http://downloads.bbc.co.uk/podcasts/radio4/medmatters/medmatters_20121106-2132a.mp3. This programme starts with 2 minute intro to the trial, then discussed US election, and the item of interest starts at 8 minutes in.

Recording of a lecture (with slides) by **Jacqui Dillon, Chair of the Hearing Voices Network in England**, on voices, trauma and service responses <http://panopto.ucc.ie/Panopto/Pages/Viewer/Default.aspx?id=45a4bb2c-6001-4a66-b5f1-bdec5e120f0e>

George Silberschatz on TRANSFORMATIVE RELATIONSHIPS: An evidence-based approach to optimising the therapeutic relationship
9AM – 5PM 28 November 2012, Brisbane, Stamford Plaza Hotel (cnr Edward and Mary St) Brisbane. Cost: \$250.00. The APS Psychoanalytically-Oriented Psychology Interest Group in conjunction with the Society for Psychotherapy Research proudly presents GEORGE SILBERSCHATZ, Ph.D. is a Psychologist and Clinical Professor in Psychiatry at the University of California (San Francisco) School of Medicine and current president of the international Society for Psychotherapy Research.
See www.psychotherapy.com.au/August2012_Silberschatz.pdf or Contact: Robert King 0407 740 532 robert.king@qut.edu.au for more information.

Jim van Os has editorialised in the *Revista de Psiquiatría y Salud Mental (English Edition)* that "**The elephant in the room of biological psychiatry [is] The two languages of mental health research**". <http://www.sciencedirect.com/science/article/pii/S2173505012000453>
"Research aimed at understanding the basis of mental disorders has expanded exponentially in the last decades. While many interesting findings have been produced, there have been no major breakthroughs in treatment over the last 20 years,¹ and treatments that once were considered breakthroughs, later were shown effective only in particular subgroups² or not more effective than simpler non-specific interventions.^{3,4} Despite extensive research involving genetic, immunological, hormonal, cognitive, neurophysiological and neuroradiological variables, no diagnostic test, biological or other, exists for any mental disorder.
Two approaches can be envisaged to overcome this state of affairs. The first can be characterised as "focussed", i.e. to select a specific natural science focus that, coupled with better resources, may result in progress.¹ The other approach may be dubbed "synergistic", i.e. to examine whether opportunities exist for progress by synergistically connecting previously isolated activities in the areas of social and natural sciences."

Dr Manjula O'Connor in the Age newspaper: **Teaching empathy to men could save lives**. <http://www.nationaltimes.com.au/opinion/society-and-culture/teaching-empathy-to-men-could-save-lives-20121122-29stp.html>

New research, shown in the film documentary 'The Dark Matter Of Love' suggests that **love can 'rewire' the brains of older children**, as long as their adoptive parents can get over the unhealthy parenting habits they've inherited from their own parents. <http://news.yahoo.com/documentary-says-science-improve-adoption-success-changing-parenting-190225450.html>

INTAR (International Network Toward Alternatives and Recovery) website, with links to papers from their recent conference <http://intar.org/>. **INTAR focuses on Peer-led recover and research activities.**

Steven Fry discusses his Bipolar disorder <http://www.youtube.com/watch?v=P3EacQ4GfiU&feature=related>

Niall (**Jock**) McLaren <http://www.niallmclaren.com/bibliography>, is a prominent writer on ethics in psychiatry, who has recently joined the ISPS community>
Review of *Humanizing Madness: Psychiatry and the Cognitive Neurosciences, an Application of the Philosophy of Science to Psychiatry* <http://www.readerviews.com/InterviewMcLarenNiall.html>
Interview posted on this site *Mental Illness and the Pseudo Science of Biopsychiatry* <http://biopsychiatry.ca/category/radio-show/dr-niall-mclaren/>,

Nottingham Institute of Mental Health, UK: Clinicians information and links page <http://mentalhealthclinicians.org.uk/>

Mad in America Blog on research relating psychosis and lack of sleep <http://www.madinamerica.com/2012/11/sleeplessness-causes-psychosis-through-disrupted-cortico-limbic-communication/>

Medicine Hijacked: Books That Document the Real Health Care Crisis <http://www.ahrp.org/cms/content/view/855/9/>

"America's healthcare system is riddled with financial conflicts of interest. Business interests and commercial priorities undermine the precautionary principle of Medicine, the therapeutic mission of Medicine, the scientific integrity of Medicine. Government oversight agencies and Congress have subordinated the public interest for money. As a result, America's healthcare delivery system is the third leading cause of death."

Video lecture by Richard Bentall discussing the **comparative effects of genetics and life experiences on the incidence of 'schizophrenia'** <http://iai.tv/video/why-society-drives-you-mad> (including a discussion of the real meaning of "80% heritability"...)

UWA School of Psychology Masters and PhD student Saruchi Chhabra was the lead author on the study, '**Voice identity discrimination in schizophrenia**,' published in this month's *Neuropsychologia*.

"Prof Badcock says understanding voice perception in schizophrenia may hold future ideas around treatments, particularly in terms of cognitive behavioural interventions. This research is part of an ongoing collaborative project with UWA School of Psychology's Professor Murray Maybery." <http://www.sciencewa.net.au/topics/health-a-medicine/item/1776-schizophrenia-research-gives-insight-to-auditory-hallucinations.html>

Video "**A Credo for Support: Recognize that my disability is an attribute**" <http://www.youtube.com/watch?v=21uHYEqKOOw>

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Best Wishes
Philip Benjamin
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on behalf of ISPS Australia
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